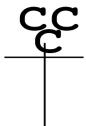
華人天主教會會刊 CHINESE CATHOLIC COMMUNITY BULLETIN

11 月 November 2020, Issue 147 期





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華人天主教會會刊歡迎各位投稿、捐獻和提供意見,請與下列任何一位編輯組組員聯絡。本會保留刊登與修改來稿的權利,文責自負,本刊內容不一定代表本會立場。

統籌及編印: Fred Luk 兒童版編輯: Harmonie Luk 北區聯絡人: Gloria Cheung 中文版編輯: Dorothy AuYoung 網上版編輯: Fred Luk, Wai Pon 依士活聯絡人: Wai Pon

英文版編輯: Bernard Yau 封面設計: Claudia Ho

電郵 email: bulletin@ccc-inc.org.au 郵遞 Post: P.O.Box 517, Eastwood, NSW 2122, Australia

Published by: Chinese Catholic Community Inc.

Contributions and donations are welcome. Articles need not represent the official view of the community.

編者的話

昔日耶穌最名選十二門徒跟隨祂,開始傳教工作,由一個很小的團體將信仰的種子散播出去。耶穌升天後,宗徒們和一些案召的信徒在聖母瑪利亞偕同下,若望、...及耶神路與瑪利亞並他的兄弟,都同心醫理斯的母親瑪利亞並他的兄弟,都這個團體便助那路撒冷一步向世界出發,見証建基於主耶穌的信仰。

我們接受聖洗聖事,成為天文的子女的子女的子女的子女的子女的母人為領受不同人為會團體。不少人為續不力的深加與意為信仰時間,有數學不可能的不可能,有數學與獨大學與獨大學的人名為一個人,不會一個人,不會是一個人。信仰團體也是人組成,不會是完美的,

但要彼此擔待、互相扶持,並常記著我們唯 一信靠和仰望的是主耶穌!

有機會加入信仰團體是上主的祝福,耶穌說:「那裏有兩個或三個人,因我的名字聚在一起,我就在你們中間」(瑪 18:20)。那些基於環境或個人因素而沒有加入團體的人,若誠心尋求上主,相信天主自有祂的旨意!

特至今日,全球各地均受疫情嚴重影響,大家在各方面都受到不同程度的壓力和考驗,但我們仍深信主曾說過:「看!我同你們天天在一起,直到今世的終結」(瑪28:20)。將臨期已開始,「看,一位貞本,人將稱他的名字為厄瑪奴耳,懷孕生子,人將稱他的名字為厄瑪奴耳,愈思是:天主與我們同在」(瑪1:23)。讓我們預備心靈,紀念和慶祝主耶穌誕生,並得蒙上主的恩寵與平安!

本期的主題是「沒有團體的信仰」,實在也是大家反省信仰的機會!主佑平安!

與主相遇彌撒中

Dorothy

由年初疫症爆發至今,全球各地不同的 範疇均受嚴重影響。在這疫情仍未解決的非 常時期,當然有關宗教活動和信仰培育,也 得靠現代網絡的科技輔助,給予信徒一個與 主契合的重要渠道。

自從有了網上彌撒,方便了信友參與, 憑著信德,我們可以心領神會實行神領聖 體,甚至可以更自由選擇不同時間,跨境 國參與彌撒,真是與主相聚無疆界,非常方 便。說實話,這段日子我有更多機會,參與 每日彌撒和一些沒想過可以參加的禮儀和 座,獲益良多!也可算是疫情下的收穫!

 可以參與彌撒的機會,這是很大恩賜,未必時常都有呀!

其實在現實生活中,有些朋友很渴望去 聖堂,基於各方面所限,未能有機會參與, 他們極其量只有網上望彌撒或聽彌撒,願主 祝福他們!「當人對我說:我要進入上主的 聖殿時,我心歡樂盈盈。」願我能體驗聖詠 作者這份心態,當還能找到上主的時候,便 好好把握機會!

沒有團體生活的信仰

形彦

要講沒有團體生活的信仰,我就想問一問,信仰能脫離團體生活嗎?

沒有團體生活的信仰,是不是聖堂都也不去,只是自己在家中讀聖經和祈禱呢?

會經有一位神父對我說,去聖堂參與彌撒是讓耶穌去愛你,那即是說,參加彌撒,就是讓耶穌「錫」我們,所以...切勿失此良機!

若你去參與彌撒,但完了後便離開,不 與其他教友交往,這也算是沒有參與團體 生活嗎?

現在又讓我們看看,天父會否喜歡我們 脫離團體,而自己保存和尋求信仰。

在創世紀中,天父說一人獨處不好,所以祂造了夏娃作為亞當的伴侶。夏娃就是主給亞當的賞賜,我們的教會團體也是主給我們的實賜,天父實什麼,賜什麼,都是好的,都是為了我們的益處!

在團體生活中,我們學習去服務。服務是愛的表現,愛的行動,我們的信仰是愛的信仰,愛人能取悅上主,若你只在家中讀聖經和祈禱,而沒有與人接觸,那你又如何去愛更多你的近人,實行愛的誡命呢?團體生活給你更多愛人的機會!

在瑪竇福音 18:20, 主耶穌再次強調, 「那裡有兩個或三個人, 因我的名字聚在 一起, 我就在他們中間。」那就是說, 要 親近主耶穌, 參加團體生活啦! **當**你參加團體生活,與耶穌的寬頻無線 上網訊號會更強,相信比起你守在家中接 收的訊號更為清晰,更有效!

主耶穌在世時,他也招攬門徒,與門徒 過團體生活,向群眾講道,生活在團體 中。我們的教宗都是生活在團體中,做我 們捕人的漁夫,我們的牧羊人!

沒有團體生活的生活能加強你的信仰 嗎?

在教會團體中,大家一起研讀分享聖經,一齊學習,彼此鼓勵,互相扶持,加強信仰,如聖經研習班,神父的講座和Alpha等,請問沒有團體生活的教友,能有此加強信仰的好處嗎?

沒有團體生活的支持,信仰變得脆弱, 易受試探,團體生活能鞏固信仰,如信仰 脆弱時有教友教會的扶持,能鞏固個人的 信仰,鞏固教會,豐盛你的信仰,豐盛你 的人生!

沒有團體生活的教友能更有效地宣揚你的信仰嗎?

彌撒和教會舉辦的慕道班、主日學,都 是宣揚我們信仰的機會,令教會漁穫繼續 豐富;沒有參與團體生活的教友,能達到 如團體般去宣揚我們信仰的效果嗎?

團體是有組織,有力量的,若你宣揚你的信仰,團體有組織的力量,總比個人的力量強!所謂勢孤力弱!團結就是力量!

每年我們依士活的青蘋果節,教友們都努力參與,讓人認識我們的堂區,我們的教會!因為團體的凝聚力,使我們更具吸引力,兩三個教友的好榜樣總比一個人的更具影響力!

那麼現在你覺得沒有團體的信仰又如何?

信仰是需要在團體中成長的?

「信仰是需要在團體中成長的」—這是 我多年來一直相信的格言。我不明白為什麼 有些人只參與彌撒,而不參與任何團體的活 動,亦不和人有交流。我們不是需要在人群 中才找到天主嗎?

息。以前去參與彌撒的心情是充滿喜樂,現 在卻感覺悲傷和沈重,好像在背負十字架一 樣,因此我也趨向於不想和人交流了!

隱形人

雖然如此,我現在比過去反而更加依靠 天主!每天都想和天父親近,比以前更想抓 緊上主,我的天主,知道只有他不會離棄 我。雖然是團體的一些人使我感到受傷,但 我也是藉着團體的一些人體驗到天父的結 愛,感恩多年的教會團體生活培育了我的信 德,才使我在痛苦中能繼續仰望上主。

主啊!感謝你對我一路以來的照顧和支持。求你增強我的信德、使我在風雨中都能 堅定地在信仰的旅途上繼續前行。

疫境中活出作為有信德的人

【Fr. Gerald Kelly 講座中文撮要】

- 1. 在疫症中受影響的我們,與福音中門徒 所面對及其反應很相似(參閱答 4:35-41 — 耶穌平息風浪)。教宗方濟各會以 此段福音,作為他在疫症期間,在梵蒂 崗對全世界以慈悲牧者告諭的訊息為反 省。
- 2. 困境與痛苦是改變與成長的催化劑。
- 3. **疫**症不是天主的審判與懲罰,而是歸向 信德的呼喚。
- 「危機」就是指我們站在三叉路口,需要我們作出選擇,去重新衡量生命的優次。
- 瘦症就像一場狂風暴雨,顯露出我們的 脆弱,看到自己的短處,而發掘出新的 方向。
- 6. **過**往及現今在困境中,為需要的人施予 援手的聖人聖女,提醒了我們天主愛的 訊息的「根」,就是當我們接觸世界中 最小的一個,就是接觸祂。這些模範人 物的表樣會增強我們對逆境的免疫力。
- 7. 「恐懼」與「無信德」都提醒我們「救 恩」的重要及需要,「救恩」不是來 世,而是關於現在及如何面對一個充滿

未知之數的將來。

- 8. 「教恩」與「信德」是相連的,「信 德」使我們看到生命的另一個幅度 — 靈性,去信賴天主在艱難日子中引領及 保守我們到達安全的彼岸。
- 9. 在疫症期間,尤其是當封禁隔離時,我們很容易變得自私自保,要知道人類是互相連繫的,所以要學習守望相助,同 舟共濟。
- 10. **擁**抱「十字架」,注視十字架上的耶穌,是會帶來復活的希望。
- 11. **依**賴聖神,聆聽祂的聲音,以祂給予的神恩,去造就一個不再一樣的將來。

反思

- 1. 您最近幾個月的經歷是什麼?
 - · 你一直在問什麼問題?
 - ·最困擾你的是什麼?
 - · 有那些積極的經驗?
- 2. 這些經驗如何影響你與天主的關係?
- 3. 如果您有聽到聖神在這時期所說的話, 她如何對您說話呢?又如何要求您生活 呢?

我在本刊物第一次投稿,請多多包容、 賜教。

本年8月2日,有幸參加Fr. Kelly的講座,題目是全球流行疫情時期下信主的人的生活,全講二十段,字字清晰,內容導人於善,令人反思。現回顧一些感人之處,與各主內兄弟姊妹分享。

自今年初疫情開始,我們各人都有著不同的經歷:有家歸不得、醫院有人滿之患、家人不敢互訪、有安老院的長者因敵不過病魔而離世、學校在疫情下停課而轉為網上授課、上班一族轉為家居工作,...這一切一切都變成前所未有的社會新常態。

我們的教宗在一個多雨的晚上,在聖伯 多禄庸場送上他給世界的祝福。這是在世界 遭受極大痛苦的時期,教宗勸勉各教徒團結 一致,對抗病毒。我們都是這艘地球方舟的 乘客,要互相扶持、鼓勵、同心合力渡過難 關,再不能自私自利地活著,這船有主帶領 不會下沉。目前因為限聚令的關係,我們的 教會,只可以酌情開放,但不等於我們與主 的關係疏遠了,而是大家更應在家中默默的 祈禱,為世界、國家、社會、家人求恩寵, **
 在痛悔過往行事的過失。疫情至今只過了半** 載,天主是在聆聽我們的禱告,一些地區存 情已見好轉,患病情況有下行的趨勢,死亡 率亦較溫和,各國在研製疫苗方面都有進 展,這些都是我們努力祈禱,信德的表現, 天父慈恩的果實。

神父提醒我們,在耶穌平息海上的風浪 時,他對門徒薄弱的信德感到失望,動搖的 信德傷害了主耶穌的心,但祂仍然深層我 們,永不放棄,使我們得救,在天家與祂生 活在一起。有人認為冠狀病毒的肆虐全球, 是天父對祂子民的怒吼和懲罰,其實正是相 反,是天主盛意奉奉的邀請,邀請大家再以 天主為生命的中心, 不再為世俗的利誘而離 棄主耶穌,要定下一個人生的新目標、新的 人生價值觀:一切都不是必然的,而是天父 的恩賜與安排,為我們度身訂做的。大家應 在靈修方面多下功夫,藉祈禱與主相遇,思 考什麼是我們需要的,什麼是次要的,非以 役人,乃役於人,以愛心為他人的需要、患 難,出一分力。人類自以為是, 登陸月球、 製造核武、期望以基因研造人類,但卻無法 控制這個微小的病毒,可悲!教宗诵過進入 基督宗教的核心來引導我們反思。以下是神 父的原文:「十字架是錨和舵,換句話說, 凝視耶穌的十字架,將使我們的航道保持穩 定,與祂一起走十字架的路,使我們到達目 的地。十字架也是希望的象徵,它指向復 活,作為一個基督徒,我們一直在復活的希 望中前進。擁抱十字架,意味著要勇於接受 現今所有的困難,以便騰出空間來接納只有 聖神才能啟發的創造力。」

最後,請各位主內的兄弟姊妹,要認識 到我們人性的脆弱,讓永生的天主將我們扶 持在他的手掌中。主佑各位。

GF.

今天閱讀訓道篇 3:11 : 「天主所行的一切事宜,都很適時,並賜給人認識時事的經歷,但人仍不能明瞭,天主自始至終所做的

工作。」

究竟天主在疫情中的安排是怎樣呢?

在疫情的影響下,膳食組的兄弟姊妹們從三月中便開始放大假。往常各位兄弟姊妹大清早起牀忙碌為大家準備午餐,負責煮肉的、煮蔬菜的,和在禮堂內準備茶水、朱飯等工作已不復再。沒有以往彌撒後教友們開開心到禮堂享用午餐的熱鬧,更無法一年一度為 CCC Homes 的長者舉辦慶祝中秋節聚餐。

現時膳食組只是偶然在舉辦講座或朝拜 聖體的日子裡,才為第兄姊妹們準備熱飲。 雖然只有小部份第兄姊妹在禮堂內享用自己 準備的午餐,這也把冷清的禮堂熱鬧起來。 在七月五日我們為神師 Fr Kelly,安排了一個別開生面的生日慶祝。我們每人在保持 1.5 朱的社交距離下,在教堂門外唱生日歌,沒有切蛋糕,但每人也分享到一塊獨立 包裝的蛋糕。藉此以一個簡簡單單的零接觸 活動中,為大家在疫情中帶來了一點生氣。



依士活膳食組

成年排舞班

每星期日下午的成年排舞班,有分初級班及漸進班,參加者踴躍。可惜因為疫情關係,課程由三月開始暫停至今。

回想過去愉快的時光,Anna 老師的悉心教導,同學們的熱心參與,愉快氣 氣依然歷歷在目。近日已有不少排舞班學員開始詢問有關復課的情况。而我們 也熱切盼望著這一天的來臨。期望在不久的將來禮堂能回復昔日的完彩。

在此謹祝各位聖誕快樂!健康平安!主祜!





好喜歡組員在 SDG Whatsapp 群組內, 互相暱稱對方為「天使」。



這彷彿提醒着我: 我們源於天主,靠近天主! 在服務團體時,氣速以表 就更仰賴聖報息的扶持。 這一種一種, 一種一種 一種 一件又一件微小的工作; 在過程中,卻享受著共融 感恩的大喜樂!~ *Maruu*



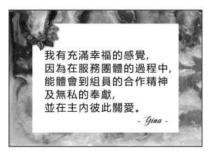
國修培育組在二零一五年成立於依士活中心,主旨爲關注教友的 國修培育和需要,而舉行各類國修活動,如明供聖職。主日讀極 分享、彌撒師祈禱。還有攝座和電於分享會等。期望與教友一起 閱近天主,活化信仰。眼看各組員懷著信德,充滿火熱,各盡其才 不看成效,成為自己一枝待主的強心計。__〈掌



Really thank God for giving me the chance to be part of the SDG. Over the years, I feel the presence of the Holy Spirit lives amongst us and keeps us in communion. Per St. Padra Pio's saying, I experienced all we have to just pray, hope & don't worry, and our almighty God will do the rest for us.... praise the Lord! ~Ida















「靈修培育組」爲關注教友的靈修培育和需要,而舉行各類 靈修活動,如明供聖體、主日讀經分享、彌撒前祈禱,還有 講座和電影分享會等。期望與教友一起,親近天主,活化信仰。

Sunday School

Teacher: Van Tsang, Natalie Leung, Cecilia Keung and Lucy Leung. Helper is Angel Zhang. Our Spiritual Adviser: Sr Teresa Seeto RSJ

This year, like everybody else, Sunday School faces the challenge of COVID-19, and only one month into resuming Sunday School in February, we had to suspend our classes. We were nonetheless so glad to know some parents have been enquiring about when classes would resume. This is with God's grace that this enthusiasm has remained. With easing of the COVID situation in NSW, we could finally resume Sunday School in August. It was still difficult for some parents who were contemplating whether to send their children to Sunday School or not, which we can understand. Nonetheless, those who joined were enthusiastic and happy. Thanks to our Sunday School teachers and participation of the children, we have been enjoying Bible stories and sharing God's words and His love. We prayed to God during lessons and we hope God will continue looking after us as a group, and all the families during this difficult time. We look forward to seeing all the children again in the not too long future, under God's guidance and love.

Sunday School is a place where the children can:

- hear the Bible stories,
- learn and develop a biblical mindset.
- grow in relation with Jesus his/her spirituality
- encourage to trust in the promises of God
- discover, develop, and use their gifts for the glory of God.
- teach them how to pray and worship
- will introduce and give children quiet/silent prayer time
- encourage them to share her/his prayer if they wish.

Sunday School meets on Sunday during school terms at 11.30am in the hall at St Kevin's parish. Contact: Lucy Leung: 0403106033 Cecilia Keung: 0414932861



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Spiritual Reflection Fr Gerard Kelly

We are all used to beginnings and endings in all dimensions of life. We speak about the end of the year and the beginning of the next year, or about the beginning of a new day or a new month. Usually by June everyone is concentrating on the end of the financial year. Shops have a stocktake sale, businesses close off their books, and companies prepare for an audit.

It can be useful to think of the spiritual life in similar terms - of beginnings and endings. You are no doubt already familiar with this. Many people would have the practice at the end of the day to make an examination of conscience. This is a time to look back over the day and to reflect on how I have lived my life with God. Sometimes this is treated as a time to identify my failings that day and to confess them to God at the end of the day. But we can also see it more broadly as an examination of consciousness. This means looking at the day and recognising where God was with me during the day, recognising what God might have been asking of me throughout the day or even at particular moments. This becomes a time to be grateful to God for his care of me. It is also a time to prepare for tomorrow when I can follow up with what I discerned God might be asking of me.

We are now in November and the end of the year is fast approaching. The end of the year is also a time to look back at the year. It is good to do this in the context of prayer, so that we are reviewing the year with God. It means identifying the important moments in the year. These might be times when I recognised in a special way the presence of God or the call of God. It might be times when I was challenged

and had to do something difficult, and I might reflect on how I managed it. There may be things that I regret doing, or the consequences of my actions may have affected others badly. There may have been life-changing events, such as getting married, or having a baby, or major sickness, or the death of someone close.

Remembering what has happened in our life is important spiritually. If you look in the Bible, you see a constant command of God to remember his mighty deeds. Jesus too, tells us to remember him. Of course, each time we gather for Mass, we celebrate the Eucharist in memory of Jesus. Our faith is a faith where memory has an important place. In the Bible people were told to remember what God had done for them - how he saved them from slavery in Egypt, and gave them food when they wandered in the desert, and showed them mercy when they broke the covenant. To remember is to recognise God's merciful presence in our lives, and to acknowledge our own failings. To remember is to recognise that God always forgives our failings and puts us on the road to the good life.

I am sure that 2020 will be a year to remember. It is a year when our lives were turned upside down, when we all became vulnerable, when the world became even more dangerous. We responded to this situation in many varied ways. As the year draws to a close it will be good to look back in prayer at this situation, both the successes and the failings. What have we learnt from this experience about ourselves and about others? Where was God during every moment of this year? What is God asking of me as I head into the next year?







Celebration Mass for 2020 Chinese New Year

慶祝 2020 年農曆新年彌撒







Launch of the Memory Booklet for Fr Noel by Fr Michael

Fr Michael 主持 Fr Noel 紀念冊的簡單發佈儀





Rite of Election at St Mary's Cathedral

在聖瑪利主教座堂舉行甄選禮





Way of the Cross at Eastwood Centre during Lent

依士活中心在四旬期內拜苦路



Newly baptized and catechist 新領洗教友與導師團



Thanksgiving Eucharistic Adoration hosted by Fr Kelly Fr Kelly 主禮感恩明供聖體



Spiritual Talk by Fr Kelly Fr Kelly 主持靈修講座



Rosary Meditation

玫瑰經默想



CCC Homes Committee 富





CCC Committee CCC 委員會





Celebration of the 40th and 1st Anniversary of Ordination for Fr Kelly and Fr Chow respectively 慶祝 Fr Kelly 晉鐸四十週年及鄒神父晉鐸一週年紀念



Celebration of Sr Seeto's Birthday 慶祝司徒修女生辰



Celebration of Fr Martin's Birthday 慶祝 Fr Martin 生辰



Celebration of the 40th Anniversary of Ordination for Fr Kelly 慶祝 Fr Kelly 晉鐸四十週年紀念



Celebration of the Sacraments of Initiation for Adults and
Baptism for Children
基督君王節舉行成人入門聖事暨嬰兒聖洗聖事

Pictorial

(More photos on CCC website)







Re-opening of Centres at Eastwood and Killara during the Pandemic 依士活中心及北區中心在疫情中重開





Youth Group, SKYE, preparing for Live Streaming Mass 青年組 SKYE 準備現場直播彌撒





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Mother's Day and Moon Festival Gift Bags for CCC Homes Residents

高齡之家長者的母親節及中秋節禮包





聖誕期間活動時間表 Christn	nas Timetable
依士活中心 (兼網上直播)	Eastwood Centre (also live streamed)
聖誕子夜彌撒	Christmas Midnight Mass
主禮: Fr. Gerard Kelly	Celebrant : Fr. Gerard Kelly
	Christmas Carol at 8:15 pm
依士活中心 (兼網上直播)	Eastwood Centre (also live streamed)
聖家節主日彌撒	Holy Family Sunday Mass
主禮: Bishop Peter Ingham	Celebrant : Bishop Peter Ingham
襄禮: Fr. Gerard Kelly,	Concelebrants : Fr. Gerard Kelly,
Fr. Martin Maunsell	Fr. Martin Maunsell
依士活中心 (兼網上直播)	Eastwood Centre (also live streamed)
除夕感思聖祭	New Year Eve Thanksgiving Mass
主禮: Fr. Martin Maunsell	Celebrant : Fr. Martin Maunsell
	依士活中心 (兼網上直播) 聖誕子夜彌撒 主禮: Fr. Gerard Kelly 依士活中心 (兼網上直播) 聖家節主日彌撒 主禮: Bishop Peter Ingham 襄禮: Fr. Gerard Kelly, Fr. Martin Maunsell 依士活中心 (兼網上直播) 除夕感恩聖祭

以上所有直播彌撒網址與主日彌撒相同

Zoom Meeting ID: 721 6832 3893 Passcode: tTY7kr

2020 Family Camp 第三十居家庭營 (網上同步直播)								
成人粵語組主題:《突破翻天覆地的一年》								
26/12 星期六 網上同步直播*								
上午 10:00 - 下午 4:30 主講神師 Fr. Joseph Yim 關德龍神父								
27/12 星期日	依士活中心 (網上同步直播*)							
上午 11:30 - 下午 3:00 主日彌撒,講座 - Bishop Peter Ingham								
下午 3:30 - 下午 5:00 明供聖體, 修和聖事, 聖體降幅 - Fr. Gerard Kelly, 鄒子老神!								
上午 10:00 - 下午 4:00	京士高禮堂							
	主日彌撤, 家庭及分組活動 - 京士高華人組							
28/12 星期一	網上同步直播*							
上午10:00 - 下午6:00	主講神師 Fr. Lionel Goh, ofm 吳岳清神父							
* 可在依士活中心或Kingsgrove 華人組參加網上直播, 詳情請參閱網頁 www.ccc-inc.org.au 或以下二維碼。								

Young Adult Group (18+ year-olds) Theme: "Talkin' Bout Your Veneration! Dialogue and share your faith in a Polarised World"										
26/12 Saturday	Eastwood Centre (Live-streamed and broadcast at OLF Kingsgrove)									
10:00am - 4:30pm	Speaker: Fr. Gerard Kelly									
27/12 Sunday	Eastwood Centre: Sunday Mass,									
9:30 am – 5:00 pm	Talk, speakers: Bishop Peter Ingham, Fr. Gerard Kelly									
	Eucharistic Adoration, Benediction and Sacrament of									
	Reconciliation by									
	Fr. Gerard Kelly and Fr. William Chow									
28/12 Monday	Eastwood Centre (Live-streamed and broadcast at OLF Kingsgrove)									
10:00 am – 6:00 pm	Speaker: Fr. Gerard Kelly									

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REGISTRATION 報名:-

- On-line via CCC website www.ccc-inc.org.au and pay by EFT
 Register at any CCC centre, Kingsgrove OLF Chinese Group with payment
 QR code for on-line registration



華人天主教會結構圖 CCC Management Chart

Spiritual Director 神師 Fr Gerard Kelly Pastoral Sister 牧職修女 Sr Teresia Secto RSJ CCC Administrative Committee 行政委員會

President 會長

Joe Kwan*

Vice Presidents 副會長 Barry Wong, Ben Tsang

Admin Secretary 秘書 Connie Sit Admin Treasurer 財政 Mary Lee Admin Coordinator 行政總務 Wai Pon

Office Bearers of the Executive Committee from each centre comprises Chairperson, Vice Chairperson, Secretary, Treasurer & Coordinator 各中心執行委員會: 主席, 副主席, 秘書, 財政及總務

Centre Executive Committee (elected in AGM)

	Lindfield 北區	Eastwood 依士活
Chairperson 主席	Gloria Cheung*	Edmund Cheuk
Vice Chairperson 副主席	Henry Choi	Lucy Leung*
Secretary 秘書	Agatha Leung*	Marita Cheung*
Treasurer 財政	Kitty Lo	Dominic Wong
Co-ordinator 總務	Helen Shek*	Michael Leung*

CCC Homes Ltd 高齡之家

Board of Directors 董事局 (9 Directors)

Joe Kwan (President),

Sr. Teresia Seeto, Henry Choi, Barry Wong, Gloria Cheung, Wai Pon, Ben Tsang,

Mary Lee, Edmund Cheuk (also Secretary)

Board of Trustee 信託管理局

(Elected in AGM annually) Hudson Chen, Richard Leung, Kelvin Wong, Henry Cheung, Allen Tang

Management Committee							
Chairperson 主席	Gloria Cheung*						
Vice chairperson 副主席	Joseph Lai*						
Secretary 秘書	Judy Fung						
Treasurer 財政	Antonia Yeung*						

David Lo*

* Newly elected 新選出

Co-ordinator 總務

Chinese Catholic Community Incorporated Income & Expenses Statement 華人天主教會收支表 [1/7/19 to 30/6/20]

INCOME

收入 \$ 33,742

\$ 50,584

Collections 奉獻

Donations 捐款

\$ 11,261 \$ 5,581

Others **EXPENSES**

支出 \$ 59,873

核數師費用 Audit Fee \$ 2,400

Stipends 神父酬金 \$ 21,733 Donations 捐款

\$ 10,934

Insurances 保險費 \$ 4,768

Printing, Stationery & Postage

印刷,文具及郵費 \$ 4,695 Rent

Advertising

\$ 6,446

廣告

\$ 2,512

Sundries 什項

\$ 6,385

DEFICIT \$ (9,289)

Fr. Francis Ching, Companions of the Cross 程明聰神父 2021 雪梨之旅 25/3 - 8/4 華人天主教會慶幸能邀請到加拿大程 明聰神父再度蒞臨雪梨,在 Santa Sabina College 主禮聖週禮儀及其他活 動,詳情稍後公佈。

CCC has invited Fr. Francis Ching from Toronto to re-visit Sydney and confer the

New arrangement for Sunday Mass 主日獼撒最新安排 Lindfield Centre 北區中心:

Until further notice, CCC Mass will only be held on the 2nd and 4th Sunday of the month, at 12pm in Immaculate Heart of Mary Church, corner Fiddens Wharf Rd and Charles St, Killara. All other activities are temporarily suspended.

直至另行通告為止、主日彌撒暫改為每月第二及第四主日中 午十二時在 Immaculate Heart of Mary Church 舉行, 其他各項活

Eastwood Centre 依士活中心(St. Kevin's parish):

Every Sunday Mass at 11:30 am, with prayer before mass at 11:15am, live streamed via Zoom and available on CCC website later in the day.

每主日上午 11:15 彌撒前祈禱, 11:30 主日彌撒 (網上直播, 當天稍後可在 CCC 網站重溫。)

The following activities have been resumed 下列活動已從開:

10:15 am Catechumen class 慕道班

11:30 am Sunday school 主日學

All other activities are being suspended. 其他各項活動暫停。

Live Streamed 網上直播

https://us04web.zoom.us/j/72168323893? pwd=M3c1b1UxSUxBbDA1RWhWODFJeVhIZz09

Zoom Meeting ID: 721 6832 3893 Passcode: tTY7kr



乙年讀經 Year B Readings								
		讀經一	答唱詠		福音			
29/11/2020	將臨期一	Isa 依 63:16-17,19; 64:2-7	詠 80	1 Cor 格前 1:3-9	Mk 答 13:33-37			
6/12/2020	將臨期二	Isa 依 40:1-5,9-11	詠 85	2 Pet 伯後 3:8-14	Mk 答 1:1-8			
13/12/2020	將臨期三	Isa 依 61:1-2,10-11	路 1	1 Thess 得前 5:16-24	Jn 若 1:6-8,19-28			
20/12/2020	將臨期四	2 Sam 撒下 7:1-5,8-11,16	詠 89	Rom 羅 16:25-27	Lk 路 1:26-38			
25/12/2020	聖誕節	Is 依 52:7-10	詠 98	Heb 希 1:1-6	Jn 若 1:1-18			
27/12/2020	聖家節	Gen 創 15:1-6:21:1-3	詠 105	Heb 希 11:8,11-12,17-19	Lk 路 2:22-40			
1/1/2021	天主之母節	Nb ⊭ 6:22-27	詠 67	Ga 迦 4:4-7	Lk 路 2:16-21			
3/1/2021		Isa 依 60:1-6	詠 72	Eph 弗 3:2-3,5-6	Mt 瑪 2:1-12			
10/1/2021	主受洗節	Isa 依 42:1-4, 6-7	詠 29	Acts 宗 10:34-38	Mt 瑪 3:13-17			
17/1/2021		1 Sam 撒上 3:3-10,19	詠 40	1Cor 格前 6:13-15,17-20	Jn 若 1:35-42			
24/1/2021		Jon 約 3:1-5,10	詠 25	1Cor 格前 7:29-31	Mk 答 1:14-20			
31/1/2021		Deut 🕈 18:15-20	詠 95	1Cor 格前 7:32-35	Mk 答 1:21-28			
2/2/2021		Mal 拉 3:1-4	詠 24	Heb 希 2:14-18	Luke 路 2:22-40			
	常年期五	Jon 約 7:1-4,6-7	詠 147	1Cor 格前 9:16-19,22-23	Mk 答 1:29-39			
14/2/2021		Lev 肋 13:1-2,44-46	詠 32	1Cor 格前 10:31-11:1	Mk 答 1:40-45			
17/2/2021		Jl 岳 2:12-18	詠 51	2 Cor 格後 5:20-6:2	Mt 瑪 6:1-6, 16-18			
21/2/2021		Gen 創 9:8-15	詠 25	1 Pet 伯前 3:18-22	Mk 答 1:12-15			
28/2/2021		Gen 創 22:1-2,9-13,15-18	詠 116	Rom 羅 8:31-34	Mk 答 9:2-10			
	四旬期三	Ex 出 20:1-17	詠 18	1 Cor 格前 1:22-25	Jn 若 2:13-25			
14/3/2021		2 Chr 編下 36:14-16,19-23	詠 137	Eph 弗 2:4-10	Jn 若 3:14-21			
21/3/2021		Jer 耶 31:31-34	詠 51	Heb 希 5:7-9	Jn 若 12:20-33			
28/3/2021		Is 依 50:4-7	詠 22	Phil 斐 2:6-11	Mk 谷 14:1-15,47			
	復活主日	Acts 宗 10:34,37-43	詠 118	1 Cor 格前 5:6-8	Jn 若 20:1-9			
		Acts 宗 4:32-35	詠 118	1 Jn 若一 5:1-6	Jn 若 20:19-31			
	復活主日三	Acts 宗 3:13-15,17-19	詠 4	1 Jn 若一 2:1-5	Lk 路 24:35-48			
	復活主日四		詠 118	1 Jn 若一 3:1-2	Jn 若 10:11-18			
	復活主日五	Acts 宗 9:26-31	詠 22	1 Jn 若一 3:18-24	Jn 若 15:1-8			
		Acts 宗 10:25-26,34-35,44-48		1 Jn 若一 4:7-10	Jn 若 15:9-17			
		Acts 宗 1:1-11	詠 47	Eph 弗 4:1-13	Mk 答 16:15-20			
	五旬節主日	Acts 宗 2:1-11	詠 104	Gal 迦 5:16-25	Jn 若 15:26-27,16:12-15			
		Deut \$\psi\$ 4:32-34,39-40	詠 33	Rom 羅 8:14-17	Mt 瑪 28:16-20			
		Ex 出 24:3-8		Heb 希 9:11-15	Mk 答 14:12-16,22-26			
		Ezk 則 17:22-24	詠 92	2 Cor 格後 5:6-10	Mk 谷 4:26-34			
	常年期十二		詠 107	2 Cor 格後 5:14-17	Mk 答 4:35-41			
		Wis 智 1:13-15;2:23-24	詠 30	2 Cor 格後 8:7,9,13-15	Mk 答 5:21-43			
		Ezk 则 2:2-5	詠 123	2 Cor 格後 12:7-10	Mk 答 6:1-6			
		Amos 亞 7:12-15	詠 85	Eph 弗 1:3-14	Mk 谷 6:7-13			
		Jer 耶 23:1-6	詠 23	Eph 弗 2:13-18	Mk 🌣 6:30-34			
		2 Kg 列下 4:42-44	詠 145	Eph 弗 4:1-6	Jn 若 6:1-15			
		Ex 出 16:2-4,12-15	詠 78	Eph 弗 4:17,20-24	Jn 若 6:24-35			
		1 Kg 列上 19:4-8	詠 34	Eph 弗 4:30,5:2	Jn 若 6:41-51			
	全 母	Rev 默 11:19, 12:1-6, 10 Jos 蘇 24:1-2,15-17,18	詠 45 詠 34	1 Cor 格前 15:20-27 Eph 弗 5:21-32	Luke 路 1:39-56 Jn 若 6:60-68			
		Jos 蘇 24:1-2,13-17,18 Deut 申 4:1-2,6-8	詠 34 詠 15	Jm 雅 1:17-18,21-22,27	Mk 答 7:1-8,14-15,21-23			
		Is 依 35:4-7	詠 146	Jm 雅 2:1-5	Mk 答 7:31-37			
	常年期廿四		詠 115	Jm 雅 2:14-18	Mk 答 8:27-35			
		Wis 智 2:12,17-21	詠 54	Jm 雅 3:16-4:3	Mk 答 9:30-37			
		Num ₱ 11:25-29	詠 19	Jm 雅 5:1-6	Mk 谷 9:38-43,45,47-48			
		Gen 創 2:18-24	詠 128	Heb 希 2:9-11	Mk 答 10:2-16			
		Wis 智 7:7-11	詠 90	Heb 希 4:12-13	Mk 答 10:17-30			
		Is 依 53:10-11	詠 33	Heb 希 4:14-16	Mk 答 10:35-45			
		Jer 耶 31:7-9	詠 126	Heb 希 5:1-6	Mk 答 10:46-52			
31/10/2021	常年期卅一	Deut \$\phi\$ 6:2-6	詠 18	Heb 希 7:23-28	Mk 答 12:28-34			
		1 Kg 列上 17:10-16	詠 146	Heb 希 9:24-28	Mk 答 12:38-44			
		Dan 達 12:1-3	詠 16	Heb 希 10:11-14,18	Mk 答 13:24-32			
21/11/2021	基督君王節	Dan 達 7:13-14	詠 93	Rev 默 1:5-8	Jn 若 18:33-37			

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Reflections of 2020 from CCC Young Adults

2020 will long be remembered for the turmoil Covid-19 has caused around world and the disruptions to our lives. For many of the young, who has not experienced living through any world-wide war, it was probably the largest world event which impacted directly in their lives -> forced shut down of the city, curfews, wearing masks, social distancing restrictions and unable to live their lives freely in a democratic society.

In this issue of CCC bulletin, we have invited a number of young adults to share their experience of COVID-19 and how they maintained/ strengthened their Catholic faith during these trying times. We hope that it'll give inspiration and also a reminder that our Lord is always there for us.

Young Adult #1

As I sit here writing this, the world is still uncertain as to who the next U.S. President will be. By the time you read this, you will know who the leader of the free world will be.

To backtrack, I realise that a reflection of the year 2020 would be void without acknowledging the numerous adversities that humanity has had to wrestle with. From the Australian and Californian bushfires, the Covid-19 pandemic, the political uproar revolving around racism in the U.S., to worldwide economic instability, and devastating conflicts in Syria and many other places, I have often wondered what an individual such as myself can do in the midst of such hardship. The unmistakably crushing feeling of helplessness in the face of worldwide turmoil can lead many of us, especially in lockdown, to turn to a world that

glitters with distraction and escapism – TV shows and movies.

Admittedly, I did my fair share of bingewatching. From complete anime seasons to Netflix shows, I must confess that it was titillating and delightful to have the time to immerse myself into this world guilt-free. I promised myself that if I were to binge, I would do it right. There would be no guilt. I would have chips and cookies ready. And I would have a plan of what shows and which movies to watch so as to fully whet my appetite for this indulgence.

However, to quote Shakespeare "All that glitters is not gold". Perhaps it was in my optimistic self to see the opportunity in every situation. Or perhaps, the fact that I was nearing the end of my 20's nagged at me slowly but surely. In hindsight, my heart sought to seek other sources of fulfilment. And indeed, the utter lack of social obligations and temptations meant that I could focus my emotional and physical energy onto one person – myself.

Inspired, I said a resounding 'yes' to all the events kindly and generously hosted by Harold. I attended Father Francis Ching's talks, I woke up especially early for Father Lionel's Bible Study on Exodus and Numbers, and I did my best to stay awake for Jeff Cavin's Bible Timeline sharing (the time difference between Sydney and Montreal, Canada is quite vast). The lack of variety and emptiness of each day's plans meant I could fill it with activities that would benefit me. I practiced piano harder and longer than I ever had before, determined to see how long I could focus for and what I was able to achieve. The kitchen was soon filled

with my culinary experiments – sourdough, kimchi, salmon gravlax, and gnocchi just to name a few. And my neighbours living downstairs would wake to the thumping of my High Interval Intensity workouts with my friends via Messenger Video. I felt more grateful than ever before for each day, and more alive than I had ever felt. And I must attribute all this to God.

It struck me that the beautiful and deep dive into God's Word with Fr. Lionel, the practice of yoga, exercise, and a strict mindset and discipline for working on my craft, were not in conflict but serves to improve us and make us holy. And if we can find ways to align ourselves physically, mentally, spiritually, and in our work, we are striving towards holiness. As such, in this world of chaos, change, pandemics, suffering, and frustrations, the path to holiness clings tightly (and sometimes, desperately) on our individual choices, sacrifices, and in God's grace.

Although this revelation of mine does little to reflect the challenges that each person in our Church and beyond experiences, I beseech you to look at any opportunity to work on yourself spiritually, mentally, and physically, to be a productive use of time that often leads you closer to your true and authentic self, as well as to our Lord Jesus Christ.

This time last year, the world around us was a vastly different place. And as the world around us continues to technologically evolve, pivot between its leaders and ideologies, and transform through seasonal and climate change, there are few certainties that can ground us spiritually: specifically, that we are alive. And so is God.

Young Adult #2

This year is one that truly puts us at test,

wonder, and surrender. We find ourselves tested on our ways of dealing with a helpless situation, wondering where God stands in all this, and surrendering our own desires that may put others at risk. A cross heavier than usual, I found refuge in praying the Rosary daily and reflecting on the mysteries of Jesus' life and ministry. On Mondays, the joys of Jesus entering humanity reminds us that God is with us. Tuesdays, the sorrows of Jesus' suffering and Mary's heartbreak reminds us that God too knows our sufferings and heartbreak. Wednesdays, the glory of Jesus and Mary rising into heaven reminds us that our prayers through Jesus and Mary are taken up to God our Father. There is hope. Thursdays, the works of Jesus through miracles and the gift of the Eucharist reminds us to be open to the Holy Spirit and God in our lives. And then the rest of the week, our reminders are repeated. I don't know about you, but I am forgetful and feel at peace knowing that as I pray the rosary, I will be reminded. That way, I know that the test of times can be conquered by faith, God is standing with us, and if we all surrendered our own desires and selfish ways-we can get through it.

Young Adult #3

Jesus replied: "'Love the Lord your God with all your heart and with all your soul and with all your mind.' This is the first and greatest commandment. And the second is like it: 'Love your neighbour as yourself.' (Matthew 22:37-39)

Invest in the time to know God's love for you and FEEL it within you; learn to love this person that God has so beautifully made. Take the time for selfcare because in doing so will you be equipped to love your neighbour as yourself. You and everyone around you IS worthy of God's love.



- 18 -

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Greetings! Can you find the words on the right in the find-a-word above?

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SHEBA UZZA **PERSIA** PAMPHYLIA PISON **MEMPHIS** NILE

JERUSALEM MASADA BETHLEHEM **JERICHO** JUDEA **FDFN** BABYLON **GALILEE ANTIOCH PHRYGIA** TARSUS SMYRNA PHILADELPHIA SION NAZARETH

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真切關懷 思憶表揚 文化兼容



與親人告別可以是極其難過之事、尤其是對仍活著的人。 在生命的最後旅程中、本公司來自不同文化的團隊成員、 將竭誠代為安排告別程序的每一個細節、讓您可以有多一 點時間與家人互表關愛。

Selina Leung 深太 專業喪禮策劃顧問 電話: 1300 688 228 手機: 0414 688 228 (24小時熱線)

歡迎家人從 COSTCO 以批發價自選棺木。並不加收額外費用。

電郵: info@galaxyfunerals.com.au 網站: www.galaxyfunerals.com.au

悉尼北區: Unit 6, 35-39 Higginbotham Rd, Gladesville, NSW 2111

悉尼南區: 318 Kingsgrove Road, Kingsgrove, NSW 2208





(AFDA) 成員之一



服務亞裔民族超過3()多年

世界中華係屬於全澳最具規模的澳洲喪葬公司 在澳洲、紐西蘭及新加坡擁有250間殯儀服務公司及 14所墓園及火葬園。我們可以提供一站式的喪禮策 劃及各式土葬及骨灰安放服務

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免費專線 1800 88 88 32 · 24小時服務 www.ucwfunerals.com.au

CCC Activities 華人天主教會活動

i www.ccc-inc.org.au 20490 026 379

北區中心

依士活中心 **Lindfield Centre Eastwood Centre**

Holy Family Parish Church Corner Pacific Hwy & Highfield Rd, Lindfield

St Kevin's Catholic Church 36 Hillview Road Eastwood

	•	
主日彌撒 Sunday Mass	正午 12:00 noon	正午 12:00 noon
青年彌撒 Youth Mass	第二主日 2 nd Sunday	第四主日 4 th Sunday
青年聚會 Youth Meeting	第二主日上午 11am 2 nd Sunday	SKYE 上午 11am—11:45am
聖經分享 Bible Sharing	第一主日下午 1:45pm 1 st Sunday	上午 11:00am (主日讀經分享)
彌撒前祈禱 Praying before Mass		上午 11:50am
主日學 Sunday School	上午 11:45 am	上午 11:45 am—12:30 pm
慕道班 Catechumen Class		上午 11:00 am—12:00 noon
明供聖體 Adoration of Blessed Sacrament		下午 2:00-3:00 pm 第一主日 1 st Sunday
歌詠團練習 Choir Rehearsal	上午 10:30 am	上午 11:00am

各中心主日彌撒後均有聚餐 Lunch gathering in all centres after Sunday Mass

其他活動 Other Activities

主日活動

Sunday Activities

聯歡,詩歌晚會,野餐,康樂日…等。

避靜,家庭營,青年營,家庭玫瑰經,家庭聖經分享,中秋節 Retreat, Family Camp, Youth Camp, Family Rosary, Family Bible Sharing, Moon Festival Celebration, Praise & Worship Night, Picnic, Sports Day ... etc..

高齡之家 CCC Homes Ltd.

4-6 Portia Road, Toongabbie

每月第一星期四上午11:00舉行祈禱聚會 每月第三星期四上午11:00舉行遊戲日

Prayer Group: 1st Thursday of each month at 11am Games Day: 3rd Thursday of each month at 11am

牧職修女 Pastoral Sister

司徒金美修女 Sr Teresia Seeto RSJ ② 0419 426 899 ⊠ srseeto@ccc-inc.org.au

第一及第三主目 1st & 3rd Sunday 依士活

Eastwood

上午 11:00 am - 下午 2:00 pm

第二及第四主日 2nd & 4th Sunday 北區

Lindfield

上午 11:00 am - 下午 2:00 pm

醫院、家庭探訪及送聖體,聖洗、修和及傅油聖事、殯葬禮儀,請聯絡司徒修女。

Please contact Sr Seeto for home or hospital visit and Holy Communion, baptism, reconciliation, anointment and funeral liturgy.

因疫情關係,部份活動有變更或取消,請參閱本刊第16頁報告版及留意本會網站之最新消息。 四個個個個個個個個個個的 COVID-19, some activities are changed or cancelled. Please refer to the notice on P.16 of this bulletin, and CCC website for undates and CCC website for updates.

